

Patient Information: Ciprofloxacin 500 MG Oral Tablet

This medication is an antibiotic. It is given to you to prevent the spread of: **Meningococcal Disease caused by Neisseria Meningitidis**

Before taking ciprofloxacin tell the nurse:

- if you have had an allergic reaction to ciprofloxacin or other quinolone medicines such as norfloxacin (Noroxin), ofloxacin (Floxin) or nalidixic acid (NegGram). If you have epilepsy or kidney disease,
- if you are pregnant,
- if you are breastfeeding

Take this medicine as prescribed: one tablet by mouth, one time only

You should take this medicine with a full glass of water. It is best to take this medicine 2 hours after a meal. If you believe it may upset your stomach, you may take it with food, but do not take it with milk, yogurt, or cheese. You have been provided all the medication needed at this time

DRUGS AND FOODS TO AVOID:

Do not take the following drugs within 2 hours of taking CIPROFLOXOCIN: antacids such as Maalox or Mylanta, vitamins, iron supplements, zinc supplements, or sucralfate (Carafate). You may take them 2 hours after or 6 hours before CIPROFLOXOCIN.

Also, make sure your doctor knows if you are taking asthma medicine like theophylline, gout medicine like probenecid (Benemid), or a blood thinner such as Coumadin

Avoid drinking more than one or two caffeinated beverages (coffee, tea, soft drinks) per day.

Avoid taking this medicine with foods containing large amounts of calcium, like milk, yogurt, or cheese.

Warnings:

This medicine may make you dizzy or lightheaded. Avoid driving or using machinery until you know how it will affect you

This medicine increases the chance of sunburn; make sure to use sunscreen to protect your skin

What side effects can Ciprofloxacin cause?

Less serious side effects include nausea, mild diarrhea, stomach pain, dizziness, and headache. Talk with your doctor if you have problems with these side effects.

If you experience any of the following symptoms, call your doctor immediately:

- rash or hives
- swelling of face, throat, or lips
- shortness of breath or trouble breathing
- seizures
- severe diarrhea

Questions : During business hours call (603) 271-4496; after hours call (603) 271 5300 and request to talk with the Public Health professional on call.